

Congratulations! You've just come of age. You're free to "sexplore" on a boning rampage!



You're taking the pill or host an IUD, plus condoms to guard against most STDs.

You're headstrong and strong-willed and now fully grown, and *YOU* are the gal who'll decide whom to bone.

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You'll meet possible partners, some unique, some humdrum. For the latter, say "Nah, I don't have to bone them."

With your high self-esteem and too few hours per day, your time is too dear for a not-so-great lay.

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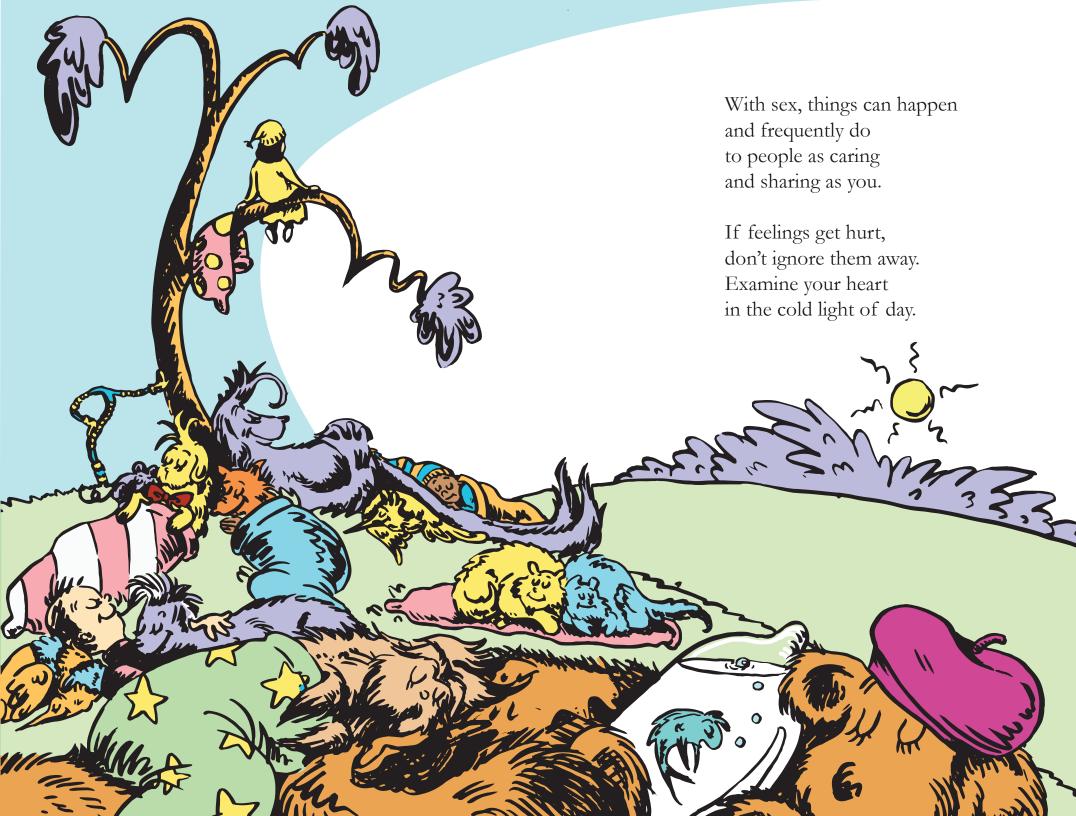
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And if one partner doesn't supply your demand, feel free to branch out and have several on hand.

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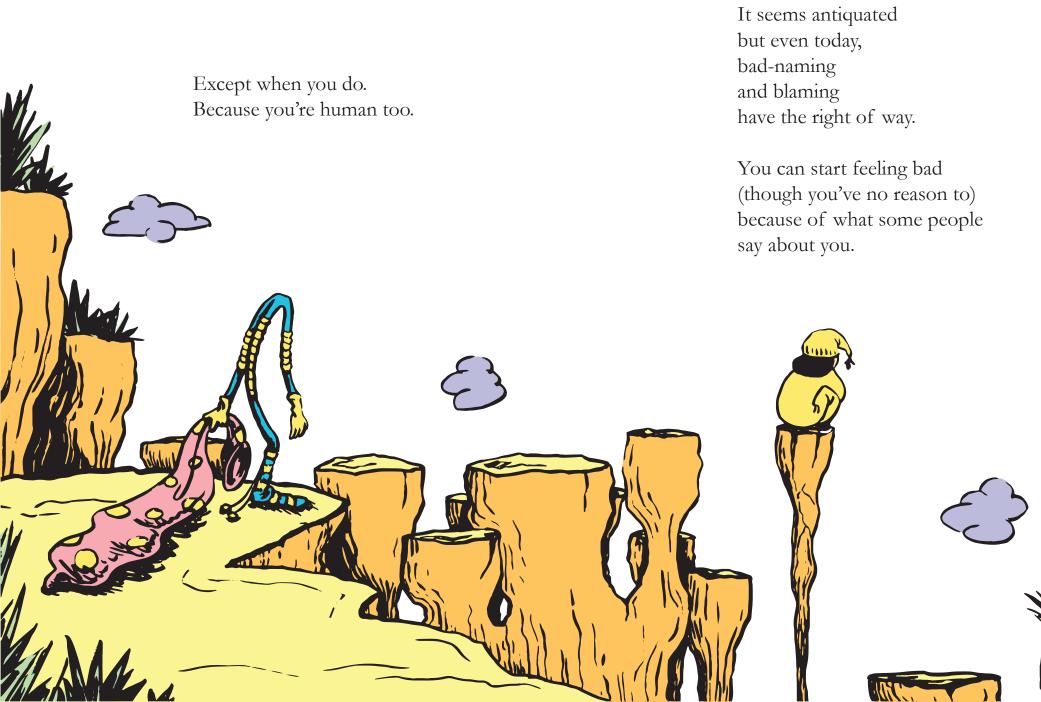




Do not feel embarrassed, just hold your head high. Your choices in life you need not justify.

Those who would judge you don't know what they're missin' and as for their insults and barbs, just don't listen!







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You'll find your thick skin is perhaps not so tough and internalize lots of negative stuff.

And when you feel down on yourself and quite low, your self-confidence is the next thing to go.



And IF you speak up, don't you need to be sure

If during this slump, someone crosses your line but acts like it's normal and totally fine, you may find it frightening to speak up or yell. To whom should you turn? To whom could you tell? Is there any way this situation ends well? And *IF* you speak up, don't you need to be sure that *you* didn't cause this bad thing to occur? That you weren't complicit, naïve or remiss? That you made no poor choices that led to this "misunderstanding" you ought to dismiss?



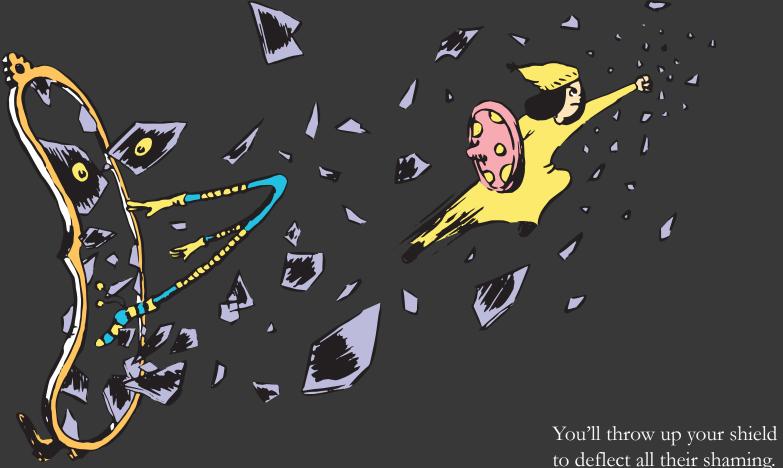
And when they've convinced you that *you're* the disgrace, their gaslights direct you toward this dreaded place.

The Place of Shame . . .

... for people self-shaming. Ashamed you did or did not talk or didn't just get up and walk or stayed too silent in your shock or kept your head down with the flock or ashamed you'll be a laughingstock for everyone to scorn and mock like you ought to be ashamed.

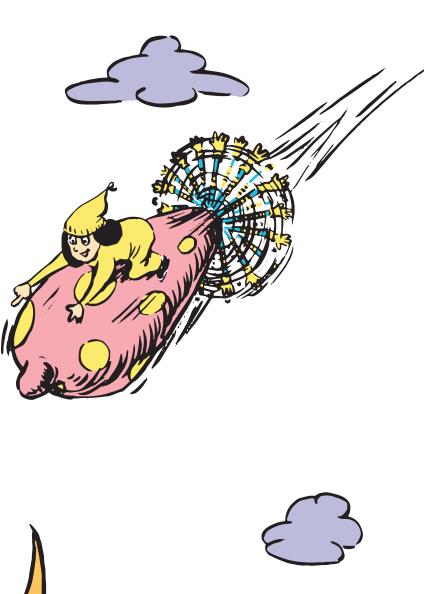
Ashamed of what you wore that night or that you didn't try to fight, unsure you even had the right. Or scared your memories aren't true. Shamed by the questions they'll ask you. Of past mistakes they may exhume and outraged because they assume that you were born ashamed.

NO! Shame is *not* for you.



to deflect all their shaming. Go high when they stoop low with trolling and flaming. They tried to confuse you and mess with your head and since these aren't people you want in your bed, give them a good *mental* boning instead!

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Oh, the people you'll bone! There are fights to be fought! And when you raise your voice, more likely than not, others will come forth and say, "Hey, me too! It's a much bigger problem, it's not only you." Together you'll organize, march and arrange. Together you'll eagerly watch as things change.

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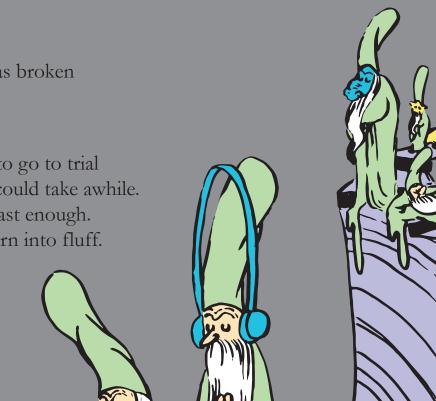
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Except when they don't. Because, at first, they won't.

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A systemic problem that spans generations needs massive reform from its very foundations. Why not now? You hoped once the silence was broken that policy-makers would now be awoken.

You wait for your wrongdoers to go to trial and keep getting told that this could take awhile. The people up top do not act fast enough. Their vows to uphold justice turn into fluff.



But keep speaking up though things aren't better yet. Keep speaking up, so they cannot forget. Keep speaking up so you have no regret. Tell your perspective. Show your POV so they ask themselves "What if that happened to me?" Rally the others. Be a uniting force. Use your voice and your vote To show whom you endorse.

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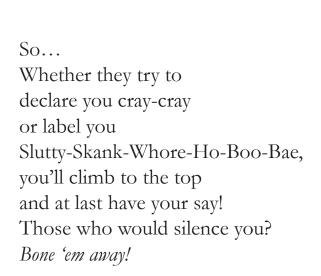
Or maybe you'll throw your own hat in the ring and, oh, what a wave of great change you'd then bring! You'll tear down the fixtures who gloat from high places. Remove their masks, show the whole world their true faces!

When you take charge of the change you want made, it feels a lot better than just getting laid. So can you go boning to your heart's content but still have the explicit right to consent? YES. Absolutely. One hundred percent.

GIRL, YOU'VE GOT POWER!







In order to give or refuse consent, one must feel she has agency over her own body. In exchange for a free download of this work, please consider donating to Planned Parenthood. https://www.plannedparenthood.org/

Then let me know about it so I can say thanks: tracy.park.draws@gmail.com

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